

STEVEN W. MEIER, M.D.

Curriculum Vitae

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PROFESSIONAL AND ACADEMIC APPOINTMENTS

Director of Meier Orthopedic Sports Medicine

Founder and Director of Arthroscopy Worldwide

Assistant Clinical Professor, University of California Irvine, Department of Orthopedic Surgery

Children's Hospital of Orange County (CHOC) Medical Director, Sports Medicine

The Center for Advanced Sports Medicine, Knee and Shoulder/Private Practice

Private Practice, Orthopedic Surgery

Clinical Instructor, University of California San Diego, Department of Orthopedic Surgery

FORMAL EDUCATION

FELLOWSHIP

University of California San Diego, and Southern California Permanente Medical Group
Shoulder, Knee, Arthroscopy and Sports Medicine

RESIDENCY

Northwestern University School of Medicine
Orthopedic Surgery

INTERNSHIP

Northwestern University School of Medicine
General Surgery

MEDICAL SCHOOL

Loyola University Chicago, Stritch School of Medicine

Degree: Doctor of Medicine

UNDERGRADUATE EDUCATION

Elmhurst College

Major: Biology

Degree: Bachelor of Science

HUMANITARIAN WORK

Founder and Director of “Arthroscopy Worldwide”, a philanthropic organization with the mission to facilitate the dissemination of arthroscopic technology internationally. March 2004 – present.

RESEARCH/ PUBLICATIONS

“Rotator Cuff Repair: The Effect of Double-Row Fixation on Three-Dimensional Repair Site”.

Meier SW, Meier JD

2006 Nov-Dec;15(6):691-6.

Poster presentation at the American Academy of Orthopedic Surgeons (AAOS) conference in San Francisco, California in March, 2004

Podium presentation at the 23rd Annual Arthroscopy Association of North America (AANA) meeting, Orlando, Florida in April 2004

Podium presentation at the 9th Annual International Congress of Shoulder Surgery (ICSS), Washington D.C. in May 2004

Podium and poster presentation at the 22nd Congress of the Spanish Arthroscopy Association in Marbella, Spain, May 2004

Poster presentation at the American Orthopedic Society of Sports Medicine (AOSSM) Meeting, Quebec City, Canada in June 2004.

Poster presentation at the 11th Congress of the European Society of Sports Traumatology and Knee Surgery and Arthroscopy (ESSKA) in Athens, Greece, May 5-8, 2004.

“Rotator Cuff Repair: The Effect of Double-Row Fixation on Initial Repair Strength”.

Meier SW, Meier JD

2006 Nov;22(11):1168-73.

Poster presentation at the American Academy of Orthopedic Surgeons (AAOS) conference in Washington DC in February, 2005.

Podium presentation at the 5th Biennial International Society of Arthroscopy, Knee Surgery and Orthopedic Sports Medicine (ISAKOS) conference, Hollywood, Florida, USA, April 2005.

Poster presentation at the 19th Congress of the European Society for Surgery of the Shoulder and the Elbow (ESSSE/ SECEC) Rome, Italy, September 21-24, 2005.

“Over-Pointing Technique: An Approach to Past-Pointing Arthroscopic Knots on Alternating Suture Posts Without Alternating the Knot Pusher”

Meier JW, Meier SW

, 2007 Dec;23(12):1358.e1-3.

“Osteochondral Autograft Replacement.”

pages 73-81. Springer-Verlag 2004.

Chapter 8:

“Approach to Cartilage Injury in the Anterior Cruciate Ligament Deficient Knee.”

2003;34:149-167

“Repair and Reconstruction of the Medial Patellofemoral Ligament for Recurrent Patellar Dislocation.”

1999 April;7(2):81-89

“Pediatric Hand Injuries Due to Home Exercycles.”

, 2000 Jan-Feb;20(1):34-9

Presented at the American Academy of Orthopaedic Surgeons Conference in 1996

“Rotator Cuff Repair: The Effect of Double-Row Fixation on Tendon-Bone Motion at the Repair Interface”.

Meier SW, Meier JD

Podium presentation at the 24th Annual Meeting of the Arthroscopic Association of North America (AANA), Vancouver, British Columbia, Canada, May 2005.

Poster presentation at the American Academy of Orthopedic Surgeons (AAOS) conference in Chicago, Illinois in March, 2006.

Podium presentation at the 19th Congress of the European Society for Surgery of the Shoulder and the Elbow (ESSSE/ SECEC) Rome, Italy, September 21-24, 2005.

“Rotator Cuff Repair: Suture Spanning Anatomic Footprint Restoration”

Meier, SW

Podium presentation at the International Congress on Surgery of the Shoulder (ICSS), Salvador, Bahia, Brazil. September 16-20, 2007.

“Tendon Delamination in Rotator Cuff Tears”

Meier SW, Meier JD

Podium presentation at the 22nd Congress of the European Society for Surgery of the Shoulder and the Elbow (ESSSE/ SECEC), Madrid, Spain, September 16-19, 2009.

Presented at the International Congress on Surgery of the Shoulder (ICSS), Salvador, Bahia, Brazil. September 16-20, 2007.

“The Insertional Anatomy of the Anterior Capsulo-labral Complex on the Glenoid”

Meier SW, Meier JD

Presented at the International Congress on Surgery of the Shoulder (ICSS), Salvador, Bahia, Brazil. September 16-20, 2007.

“Severe Anterior Tibia Pain Syndrome (SAPS) Following ACL Reconstruction”

Presented at the 11th Congress of the European Society of Sports Traumatology and Knee Surgery and Arthroscopy (ESSKA) in Athens, Greece, May 5-8, 2004.

“Effects of Levodopa and Growth Hormone on Fracture Healing in the Rat Model.”

Presented at the American Academy of Orthopaedic Surgeons (AAOS) Conference in San Francisco, California, 1993

PRESENTATIONS/ COURSES INSTRUCTED

Guest Lecturer for “Postoperative Rehabilitation Protocols after Orthopedic Surgical Procedures”, London, England. September 20-21, 2011.

Research presented at the 8th Biennial International Society of Arthroscopy, Knee Surgery and Sports Medicine (ISAKOS) Congress, Rio de Janeiro, Brazil, May 15-19, 2011.

Surgical Instructor for Shoulder Arthroscopy Skills Lab at the Annual Arthroscopy Association of North America (AANA) Fall Course, Phoenix, Arizona, November 18-20, 2010.

Lecturer and Surgical Instructor for DePuy Mitek Current Concepts in Shoulder and Knee Arthroscopy Course. Boston, Massachusetts, USA. October 8-9, 2010.

Guest Orthopedic Shoulder and Knee Surgeon and Consultant for the Department of Orthopedic Surgery at Helvia Armed Forces Medical Center, Cairo, Egypt. April 23 - May 9, 2010.

Guest Lecturer at the Sixth Annual Conference for the International Society for Orthopedic Surgery and Traumatology (SICOT). “Treatment for Multiple Ligament Knee Injury” and “Double-Row Repair in Rotator Cuff Repair”. Pattaya, Thailand. October 29 - November 1, 2009.

Guest Lecturer and Surgical Instructor for Arthroscopic Knee and Shoulder Surgical Technique Course at Chulalongkorn University Hospital with participating surgeons attending from Japan, China and Vietnam. Bangkok, Thailand. October 26-27, 2009.

Podium presenter at the 22nd Congress of the European Society for Surgery of the Shoulder and the Elbow (ESSSE/ SECEC). “Tendon Delamination in Rotator Cuff Tears”. Madrid, Spain, September 16-19, 2009.

Lecturer and Surgical Instructor for DePuy Mitek Arthroscopic Shoulder Advancement Course. Boston, Massachusetts, USA. September 12, 2009.

Podium presenter and Symposium Panel Expert at the 7th Biennial International Society of Arthroscopy, Knee Surgery and Sports Medicine (ISAKOS) Congress, Osaka, Japan, April 4-9, 2009.

Lecturer and Surgical Instructor for DePuy Mitek Arthroscopic Shoulder Advancement Course. Miami, Florida, USA. January 23-24, 2009.

Guest Lecturer for the Colombian Society for Arthroscopic Surgery Annual Meeting. Cartagena, Colombia. October 16-18, 2008.

Guest Lecturer and Surgical Instructor at the #3 Hospital in Beijing, China. “Current Concepts in Arthroscopic Surgery of the Knee and Shoulder”. Beijing and Shanghai, China. September 18-23, 2008.

Lecturer and Surgical Instructor for DePuy Mitek Arthroscopic Shoulder Course. Chicago, Illinois, USA. August 15-16, 2008.

Guest Lecturer for the Ibero-Latin American Forum/ Shoulder Surgery Symposium. “Present and Future Trends in Rotator Cuff Repair 2008” and “Present and Future Trends in Instability Repair”. Madrid, Spain. June 19-20, 2008.

Lecturer and Surgical Instructor for DePuy Mitek Arthroscopic Shoulder Advancement Course. Las Vegas, Nevada, USA. May 17, 2008.

Guest Lecturer at DePuy Mitek Shoulder Arthroscopy, Sports Medicine Course. “Rotator Cuff Repair Techniques and the Use of the Suture Spanning Repair.” Fukuoka and Tokyo, Japan. March 28-April 2, 2008.

Podium presentation of original research: “Rotator Cuff Repair: Suture Spanning Anatomic Footprint Restoration” and “Tendon Delamination in Rotator Cuff Tears”. International Congress on Surgery of the Shoulder (ICSS), Salvador, Bahia, Brazil. September 16-20, 2007.

Lecturer and Surgical Instructor for DePuy Mitek Arthroscopic Shoulder Advancement Course. Las Vegas, Nevada, USA. September 8, 2007.

Guest Lecturer at the New Zealand Shoulder and Elbow Society 2007 Biennial Meeting. “Arthroscopic Shoulder Instability Repair”, “Methods of Fixation in Rotator Cuff Repair”, “How to Repair the Cuff Arthroscopically”. Nadi, Fiji. July 6-8, 2007.

Guest Lecturer at the China ISAKOS meeting. “Current Concepts in Rotator Cuff Repair” and “Improving Results in Instability Repair Surgery.” Beijing, China. June 30 - July 1, 2007.

Lecturer and Surgical Instructor for DePuy Mitek Arthroscopic Shoulder Advancement Course. Las Vegas, Nevada, USA. June 9, 2007.

Lecturer and Surgical Instructor for DePuy Mitek Arthroscopic Shoulder Advancement Course. Las Vegas, Nevada, USA. April 14-15, 2007.

Lecturer and Surgical Instructor for DePuy Mitek Arthroscopic Shoulder Advancement Course. Colorado Springs, Colorado, USA. November 17-18, 2006.

Surgical Instructor for International Live Shoulder Surgery Symposium, Newport Beach, California, USA. October 19-21, 2006.

Lecturer and Surgical Instructor for DePuy Mitek Arthroscopic Shoulder Advancement Course. Las Vegas, Nevada, USA. October 14, 2006.

Guest Lecturer Arthroscopic Surgeon at multiple sites including Kobe, Osaka, Nagoya and Tokyo, Japan. June 11-15, 2006.

Guest Lecturer at the Japanese Orthopaedic Society of Knee, Arthroscopy, Sports Medicine Conference . Kobe University, Okinawa, Japan. June 8-10, 2006.

Lecturer and Surgical Instructor for DePuy Mitek Arthroscopic Shoulder Advancement Course. Memphis, Tennessee, USA. June 3, 2006.

Lecturer and Surgical Instructor for DePuy Mitek Arthroscopic Shoulder Advancement Course. Las Vegas, Nevada, USA. April 8, 2006.

Grand Rounds Guest Lecturer for the Centrum für Muskuloskeletale Chirurgie. “Current Concepts in Rotator Cuff Repair”, and guest surgeon in the operating room at the Charité Universitätsmedizin Berlin. Berlin, Germany. March 20, 2006.

Guest Lecturer and Surgical Instructor for “Refixation Update 2006”. “The Disabled Throwing Shoulder” and “Arthroscopic Rotator Cuff Repair, How I Do It”. Orthopädische-Praxis/Praxisklinik. Münster, Germany. March 16-18, 2006.

Guest Arthroscopic Surgeon for Advanced Arthroscopic Shoulder and Knee Surgery at Clinica Portugal. Rio de Janeiro, Brazil. January 14-22, 2006.

Lecturer and Surgical Instructor for DePuy Mitek Arthroscopic Shoulder Surgery Program for guest surgeons from Japan. Orlando, Florida, USA. December 2005.

Grand Rounds Guest Lecturer for the Department of Orthopedic Surgery. “Optimizing Outcomes in Rotator Cuff Repair Surgery.” University of Florida Health Science Center, Jacksonville, Florida, November 18, 2005.

Lecturer and Surgical Instructor for DePuy Mitek Arthroscopic Shoulder Surgery Program for guest surgeons from Japan. Irvine, California, USA. November 13-15, 2005.

Podium presentation of original research: “Rotator Cuff Repair: The Effect of Double-Row Fixation on Motion at the Tendon-Bone Interface” and the Instructional Course, “Rotator Cuff Repair: The Rationale Behind Anatomic Footprint Reconstruction”. 19th Congress of the European Society for Surgery of the Shoulder and the Elbow (ESSSE/ SECEC). Rome, Italy, September 21-24, 2005.

Lecturer and Surgical Instructor for DePuy Mitek Arthroscopic Shoulder Surgery Program. Phoenix, Arizona, USA. September 17, 2005.

Guest Lecturer for the Latin American Forum/ Shoulder Surgery Symposium. “Hot Topics in Shoulder Instability 2005” and “Hot Topics in Rotator Cuff Repair 2005” Sponsored by DePuy Latin America for participants from South America, Central America and Puerto Rico. Miami, Florida, USA. July 9-11, 2005.

Lecturer and Surgical Instructor for DePuy Mitek Arthroscopic Shoulder Surgery Program. Memphis, Tennessee, USA. June 4, 2005.

Podium presentation of original research: “Rotator Cuff Repair: The Effect of Double-Row Fixation on Motion at the Tendon-Bone Interface”. The 24th Annual Arthroscopy Association of North America (AANA) meeting, Vancouver, British Columbia, Canada, May 2005.

Guest lecturer and keynote speaker for Arthroscopic Rotator Cuff Repair Symposium for DePuy Mitek, Germany. Held in Cannes, France, April 14-16, 2005

Podium presentation of original research: “Rotator Cuff Repair: The Effect of Double-Row Fixation on Initial Repair Strength”. The 5th Biennial International Society of Arthroscopy, Knee Surgery and Orthopedic Sports Medicine (ISAKOS) conference, Hollywood, Florida, USA, April 3-7, 2005.

Lecturer and Surgical Instructor for DePuy Mitek Arthroscopic Shoulder Surgery Program for guest surgeons from Japan. Celebration Hospital, Orlando, Florida, USA. April 5, 2005.

Guest Arthroscopic Surgical Instructor for Advanced Arthroscopic Shoulder and Knee Surgery at Clinica Portugal, Rio de Janeiro, Brazil. February 9-13, 2005.

Lecturer and Surgical Instructor for DePuy Mitek Symposium on Advanced Arthroscopic Shoulder and Knee Surgery. AAOS Orthopedic Learning Center, Rosemont, Illinois. February 4-5, 2005.

Guest Lecturer and Surgical Instructor for Advanced Shoulder and Knee Arthroscopic Surgery, Helvia Armed Forces Medical Center, Cairo, Egypt. December 10-18, 2004.

Lecturer and Surgical Instructor for DePuy Mitek Arthroscopic Shoulder and Knee Program. Celebration Hospital, Orlando, Florida. November 7, 2004.

Lecturer and Surgical Instructor for DePuy Mitek Arthroscopy Knee and Shoulder Program. Johns-Hopkins Medical Center, Baltimore, Maryland. October 2, 2004.

Arthroscopic Surgical Instructor for Arthrotek Advanced Arthroscopy Course at the AAOS Orthopedic Learning Center, Rosemont, Illinois. September 2004.

Lecturer and Surgical Instructor for Symposium on Advanced Arthroscopic Shoulder and Elbow Surgery. Universidad Federal de Sao Paulo. “Rotator Cuff Repair: Issues with Fixation” and “Arthroscopic Suture Management”. Live arthroscopic rotator cuff repair surgical demonstration. Sao Paulo, Brazil. August 27-28, 2004.

Podium presentation of original research: “Rotator Cuff Repair: The Effect of Double-Row Fixation Versus Single-Row Fixation on Three-Dimensional Repair Site”. The 22nd Congress of the Spanish Arthroscopy Society in Marbella, Spain, May 2004

Podium presentation of original research: “Rotator Cuff Repair: The Effect of Double-Row Fixation Versus Single-Row Fixation on Three-Dimensional Repair Site”. The 9th Annual International Congress of Shoulder Surgery (ICSS), Washington D.C., May 2004

Podium presentation of original research: “Rotator Cuff Repair: The Effect of Double-Row Fixation Versus Single-Row Fixation on Three-Dimensional Repair Site”. The 23rd Annual Arthroscopy Association of North America (AANA) meeting, Orlando, Florida, April 2004

Lecturer and Arthroscopic Surgical Instructor for Symposium on Advanced Arthroscopic Shoulder and Knee Surgery, Rio de Janeiro, Brazil. March, 2004

Guest lecturer for “Symposium on Prevention of Soccer Injuries”. In cooperation with the Santa Monica Orthopedic and Sports Medicine Research Foundation, Santa Monica, California. June 11 and 12, 2003, Summit and Harrison, New Jersey.

Grand Rounds Lecturer for University of Medicine and Dentistry of New Jersey, New Jersey Medical School, Department of Physical Medicine and Rehabilitation. “Shoulder Instability: Evaluation and Treatment”. Newark, New Jersey, December 6, 2002.

Grand Rounds Lecturer for Overlook Hospital Continuing Medical Education Department. “Treatment of Cartilage Lesions and Osteoarthritis of the Knee in 2003”. Summit, New Jersey, December 4, 2002

Grand Rounds Lecturer for Overlook Hospital Continuing Medical Education Department. “Common Shoulder Injuries: Advances in Office Evaluation and Treatment”. Summit, New Jersey, September 25, 2002

Guest Lecturer for the Atlantic Healthcare System. “Sports Medicine for the Young Athlete”. Summit, New Jersey. April 29, 2002

Course Instructor for Mitek Worldwide “Global Advanced Arthroscopy Knee and Shoulder Symposium”. Orthopedic Learning Center, Chicago, Illinois January 20 & 21, 2001

Course Instructor for Mitek Worldwide “Sports Medicine Symposium, Advanced Arthroscopy: Knee and Shoulder”. Orthopedic Learning Center, Chicago, Illinois, June 2000

Course Instructor for “San Diego Shoulder: Arthroscopy and Arthroplasty, 16th Annual Meeting.” La Jolla, California, June 1999

Lecturer for “Residents and Fellows Arthroscopy Conference in Sports Medicine.” “Repair of the Medial Patellofemoral Ligament in Lateral Patellar Instability.” Sponsored by the Southern Orthopedic Association. New Orleans, Louisiana, February 1999

Grand Rounds Lecturer for the Department of Orthopedic Surgery. “Repair and Reconstruction of the Medial Patellofemoral Ligament for Recurrent Patellar Dislocation.”
University of California San Diego, March 1999

Grand Rounds Lecturer for the Department of Orthopedic Surgery. “Current Concepts in the Treatment of Proximal Humerus Fractures.” University of California San Diego, September 1998

SUB-SPECIALTY INTERESTS

Arthroscopic Shoulder Surgery
Arthroscopic Rotator Cuff Repair
Arthroscopic Shoulder Instability Repair
Ligament Reconstruction of the Knee (Anterior Cruciate Ligament - ACL)
Knee Reconstruction/ Replacement
Cartilage Repair/ Restoration of the Knee
Sports Medicine